

# AfCA Conference 2018

12, 13, & 14th September

*"Let's Focus on Family"*

*St Joseph's Spirituality and*

*Education Centre*

*8 Humphreys Rd Kincumber Sth*

<http://www.stjosephskincumber.org.au/>

1 day Bowen Family Systems Theory. A forum for you to collaborate, grapple and develop systems thinking. presented by Charlie Ellis, Registered Psychologist, Couples and Family Therapist at . (APS & AASW Endorsed/ 7.5 CPD hrs).

More Than Mindfulness with Leonie Stewart , Emotional Focused Therapy Counsellor, Focusing

Art Therapy Activity to elicit self reflection.



Please pay direct to St George Bank, BSB112 879 Account No 04348 2142 - please email completed registration and payment confirmation to:

[conference@afcansw.asn.au](mailto:conference@afcansw.asn.au)

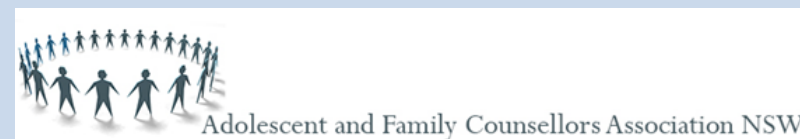


## AfCA NSW welcomes you

Name

Agency and address

Phone /mobile/email



ABN: 70181066303

## Enquire about membership ...

Membership Officer Amba Lewis-Rasman  
Email: [membership@afcansw.asn.au](mailto:membership@afcansw.asn.au)

	AFCA	Non-Member
<input type="checkbox"/> Wed 12/9 12pm — Fri 14/9 1.30pm (Meals and Accommodation included)	\$550	\$650
<input type="checkbox"/> Day Rate (Bowen) Thurs 13/9 — 8.45am — 4.30pm (Meals Included).	\$200	\$275
<input type="checkbox"/> 1/2 Day Rate (Focussing) Fri 9.30am — 1.30pm (Meals Included)	\$100	\$175

Total:



**Upon Registration this form becomes a Tax Invoice**

Wednesday 12<sup>th</sup> Sept

12.00pm	Arrive at venue and book in
12.30pm	Lunch
1.30-3.00pm	Art Therapy Activity
3.00pm	Afternoon Tea
3.30pm	AGM
6.00PM	Dinner and wine and whine catch-up

Thursday 13<sup>th</sup> Sept

7.30-8.30am	Breakfast
9.00	Welcome and Introduction
9.30-10.30am	Bowen (1hr)
10.30am	Morning Tea
11.00-12.30pm (1.5hrs)	Bowen cont.
12.30pm	Lunch
1.30-3.00pm (1.5hrs)	Bowen
3.00pm	Afternoon Tea
3.30-4.30pm	Bowen (1hr)
4.30-6.00 pm	Free Time
6.00 — — —	Conference Dinner

**PROGRAM**

Friday 14<sup>th</sup> Sept.

7.30-8.30am	Breakfast
Rooms vacated by 9.00am	
9.00-10.30am	More than Mindfulness
10.30am	Morning Tea
11.00-12.00pm	More Than Mindfulness
12.00-12.30pm	Farewell and Thanks
12.30pm	Lunch then depart

- ♦ The spacious grounds from the Kincumber Broadwater, creates an atmosphere of tranquility and peace A perfect place to recharge, re-energize and spend precious time and calm, connecting with each other and also with nature.

- ♦ It's 3 days of a fully catered and supported experience in a relaxed atmosphere.

Please email Lesley at

[Lesley.Withey@northernbeaches.nsw.gov.au](mailto:Lesley.Withey@northernbeaches.nsw.gov.au)

Or/and Annie at

[afcnlake@bigpond.net.au](mailto:afcnlake@bigpond.net.au)

with all queries and also dietary requirements

We look forward to welcoming new members and renewing friendships with "old" members.